# 5 WAYS to Facilitate Intergenerational Relationships

In part two of our conversation with Dr. Matt Kaplan, he talks about the "Five Ps and a V" that he uses to help communities facilitate intergenerational relationships. The V is "Value" -- an opportunity to discover the value in truly seeing each other and engaging together. The five Ps appear below.



### **Program**

Creating programming or events and opportunities to engage with different generations is the first step. Pen pal programs, painting classes and other programming give people a reason to gather.



### **Policies**

The programming needs to be infused into the operation of a community or organization. Setting policies for how the programming will continue sets the stage for the future.



## Process

Involve stakeholders in the planning; make sure everyone has a voice in what you are building. If they do not have ownership, people will sabotage your work.



# **Partnerships**

Don't assume that you'll be able to get people to participate just because you ask. Create partnerships with other organizations who can help you connect to people.



# Place

Involve interior designers and architects to create a space where people feel welcome; conversation areas and reasons to visit make intergenerational events compelling.



If you find these tips helpful feel free to share them with friends, on social media, in presentations and shout them from the roof tops.

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