

5 IMPACTS of Intergenerational Relationships

In the podcast, Dr. Matt Kaplan, a professor for intergenerational programs and aging at Pennsylvania State University, talks about the impacts of intergenerational relationships. According to Dr. Kaplan, whether you are working in the retirement living industry or a Head Start preschool, you are building the intergenerational relationships that are critical for our society.

TIP 01

People

People who are the youngest and the oldest in our culture are those who are most marginalized. Introducing these generations to each other can create a lasting impact.

TIP 02

Care

A circle of care where everyone is a caregiver and a care receiver raises the value of intergenerational relationships.

TIP 03

Care

Listening to each other can change mindsets and attitudes. Ageism goes both ways. Ageism doesn't just affect those who are older.

TIP 04

Create Space

Providing space for each other to share stories makes a huge impact for people of all ages. Allow time for everyone to tell their story.

TIP 05

See Beyond Years

Look past the age to the person. Everyone has something to give; allowing everyone to share their story and experience improves our communities.



If you find these tips helpful feel free to share them with friends, on social media, in presentations and shout them from the roof tops.

We can change the world if we pursue *Purpose in Retirement*.

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