5 PIECES of Wisdom from Crow's Feet

In the podcast Nancy Peckenham, the founder of Crow's Feet, talks about the wisdom people share in the Crow's Feet online community. The stories are poignant and memorable. Here are a few recent blogs that celebrate aging (and the lead-in to engage you with learning).



That Face in the Mirror

by Karen Hill Anton: I'm sure I should be flattered when someone tells me, "You don't look your age." But I feel like saying, "Really? I hope I do!" After all, it's been a long, hard and rocky road getting here. I don't mind at all getting credit for the time.



Frozen in Time: How Skating Connected my Family Across Generations

by John McGinniss:
Another generation is
taking ice skating lessons.
My grandson Patrick is
following in the footsteps
of my son Zak and myself
by learning to skate and
play ice hockey.



<u>Pivot</u>

by Ann Litts: My daughter, Mother of The Magical Creatures, has a wonderful bit of advice for them whenever their world doesn't respond the way they want it to. She tells them, "Pivot."



Changing my Game to Help my Sister with Alzheimer's

by Jill Ebstein: My career in business began with a truism that can be used in every facet of our lives. Meet your customers where they are. It wasn't too hard in business.



How Early Retirement has Improved My Social Life

by Victoria Zhang: On a Sunday afternoon, I changed from comfortable loungewear into high heels, slacks, and a jacket, then drove to a nearby coffee shop. After ordering a latte, I settled down at a table in a quiet corner to find their own solutions.



If you find these tips helpful feel free to share them with friends, on social media, in presentations and shout them from the roof tops.

We can change the world if we pursue *Purpose in Retirement*.

Listen to our podcast online: gardenspotcommunities.org/podcast